

Small Group Discussion Guide

Relational Fidelity: Single and Satisfied

1 Corinthians 7:7–9, 39–40

Main Idea: God presents both marriage and singleness as good gifts. Whatever our season of life, our deepest satisfaction is found in Christ, and our lives are to be devoted to His kingdom.

Opening (10 Minutes)

Icebreaker: Describe one unexpected blessing that came from a season of life you didn't originally choose or expect.

Read the Passage (5 Minutes)

Read 1 Corinthians 7:7–9 and 39–40. What words or phrases stand out to you?

Digging Into the Text (20 Minutes)

1. According to Paul, how does God view singleness?

- What surprised you?
- Why do Christians often assume marriage is better?
- What does Paul actually say?

2. Why does Paul see an advantage in singleness?

Read 1 Corinthians 7:32–35 if desired.

- What opportunities does singleness provide?
- How can married people pursue wholehearted devotion?
- What distractions compete for our devotion?

3. What does Paul teach about marriage?

- Why is marriage also a gift?
- Why marry 'in the Lord'?
- What happens when marriage becomes our ultimate source of fulfillment?

Living It Out (20 Minutes)

For Everyone:

1. Where are you tempted to believe another life circumstance would make you happier than obedience to Christ?
2. What would wholehearted devotion look like in your present season?
3. How can our church better honor both marriage and singleness?

For Married People:

- How can families intentionally include singles in everyday life?
- What simple acts of hospitality could you practice?

For Single Adults:

- What has been one blessing and one challenge?
- What helps you experience Christian community?
- What support from the church would be meaningful?

Group Challenge (5 Minutes)

Use your present season—not your ideal season—for Christ's glory this week. Invite, connect, serve, and encourage one another as God's family.

Closing Prayer

Pray for contentment in Christ, faithfulness in every season, and that the church would truly become a spiritual family for both married and single believers.